# THE NIAGARA REGIONAL NATIVE CENTRE

**QUARTERLY NEWSLETTER** 





Karl Dockstader **President** 

Darcy Belanger **Vice President** 

Wanda Griffin **Treasurer** 

Crystal Zettel Secretary

Wanda Johnson - Director Georgina Groat - Director Kelly Davis - Associate Director



# **Mailing Address:**

# **N.R.N.C** memberships

Niagara Regional Native Centre 382 Airport Road Niagara-on-the-Lake, ON, L0S1J0 Phone:.....1-905-688-6484 Website:.....www.nrnc.ca

Family Membership	\$5.00
Adult Memberships	
Elder/Senior Memberships	

Applications available at the front desk.



In Loving Memory Of Margaret Harker 12/27/1955 - 10/1/2017

It is with great sadness we announce the passing of our long-time colleague and friend Margaret Harker. Margaret was beloved by our Niagara Indigenous community for many years, while working in several different roles at our centre. She worked tirelessly each day to make a difference and for that we will always be indebted and grateful.



# **EXECUTIVE DIRECTOR**

Aaniin, Shé:kon, Tawnshi, Miyotôtâkewin and Welcome to our new NRNC Newsletter.

It's been a busy first month as the new Executive Director at our centre. A big part of my work at the centre is to be transparent and accountable to our community members and everyone who visits ourfacilities and participates in our programs. I answer to our Board of Directors and they answer to you, the community. The more input I have from our community the better we/I can serve you. Please do not hesitate to reach out to me at executive-director@nrnc.ca. It is my commitment to respond in a timely manner so don't hesitate to reach out.

As part of our work to communicate with you, our community members, we have just updated our website www.nrnc.ca. We'll have all of our public events, centre news, career opportunities andprogramming information up to date and posted in a timely manner. We have also integrated our Facebook page and this newsletter into our site so your ability to stay in touch and keep up to date on our center's happenings will be available there as well. Our staff has also been busy learning to use Microsoft Office 365 which we received as a generous donation through Microsoft's donations services for Non Profits. So a big Miigwech and Nia:wen to Microsoft for

the generous donation of this great service which helps us to communicate with each other as staff, and our partners, and communitymembers.

Also a big thanks goes out to Niagara on the Lake transit for adding a bus stop across from our centre which passes by every 40 minutes during the day. Check out http://www.notl.org/content/transit if you ever want to visit the centre via their bus service. It's a convenient and quick way to get to the centre.

We hope you enjoy our new newsletter and I and our NRNC team look forward to serving you, our community now and for the next seven generations.

**Mitch Baird** 



# Niagara Regional Native Centre



# Indigenous Youth Apprenticeship Presentation

# Tuesday, November 14th/2017 from 10:00—2:00 pm

# Lunch provided!

- Learn what Apprenticeship options are open for Youth today!
- What financing is available? What courses do I need to take?
- Where to find information about Trades and Career opportunities?
- What does the government offer? Where do I find a sponsor?
- Talk to the experts: Ministry Rep; YMCA Employment Rep; Employment Solutions, Service Canada Rep. and NPAAMB, Apprentice Search.com

Call Marie to register or for more information at 905-685-8547

Presented by: Literacy, Apatisiwin,
Wasa Nabin and NRNC Alternative
High School Program

# Niagara Regional Native

140 Welland Ave., Unit 15B St. Catharines L2R 2N6

Phone: 905-685-8547 Fax: 905-685-8990 E-mail: literacypc@nrnc.ca

# **PRENATAL**

Hello everyone. As we are full swing into fall we all ask one question... Where did the summer go? I know we all had a good one but it did seem short. We are now getting back into the swing of our regular programs having slowed a bit during the summer months.

First, we have to say goodbye to Stacy who has been our assistant for the past 10 months. We will still see her as she is now returning to her original role as CAPC assistant. We are currently looking for a new assistant. Thank you Stacy for all the contributions you made to our program. Your shoes will be hard to fill.

Another change is our schedule. As many have heard, we have started a first ever off site program in Niagara Falls. This runs out of the Early Years Centre at St. Patrick Elementary School for participants living in that city. We do not supply transportation but it is on a direct bus route. Our program days at NRNC will be Tuesday and once our assistant is hired we will again implement our Healthy Living Day on Wednesday. Transportation will be available for both these days and times will be the same-programs run 10 to 130. So, Parents in Niagara Falls we send a special invitation for you to come and check our new program out. Try it. You will like it.

There are also some important dates to mark down:

- Children's Halloween Party Monster Mash
   Thursday October 26th 6 to 8 pm at NRNC
- Fish Fry and Toonie Auction
   Thursday Nov. 23rd 5 to 8pm at NRNC
- Children's Christmas Party
   Sat. Nov. 2nd 12 to 3 at NRNC
- Community Family Christmas Dinner
   Thurs. Dec. 7th 5 -7 pm

Watch for flyers on Facebook for all these events.

Harvest Dinner and Welcome Baby Ceremony Date to be announced.

We look forward to seeing many new faces out at our programs. We always welcome you to come out and join us. For information feel free to call me:

**Dianne Tomlinson** 



Niagara Regional Native Centre

The Aboriginal Healthy Babies Healthy Children Program advocates on behalf of Aboriginal families in the community to meet the unique needs of high-risk families. The Healthy Babies coordinator liaises with various in house programs and community agencies to promote awareness of the distinctive needs of Aboriginal families. The Healthy Babies program works with outside agencies to create a plan of care for families that best suits their needs.

Aboriginal people believe that every child is a unique gift from the Creator. It is our job to honor this gift. We honor each gift by providing for their development within their surroundings of family, community, and culture. This is done by offering support and access to culturally appropriate, early intervention and prevention services.

The aboriginal Healthy Babies Healthy Children program was created as a way to support families in celebrating and honoring new and young life in the Aboriginal community by providing holistic support to ensure Aboriginal children have the best opportunity to grow up healthy and resilient.

### **Dawn Moughten**



# Greetings everyone,

My name is Blue Hill. I am the UAHLP-Kids/Youth coordinator! The program is for kids and youth ages 6-15yrs.

The program is designed to keep the kids and youth active and learn healthy eating habits and nutrition. Also the program will assist participants, address the barriers to organize sports by assisting with registration fees or minor equipment purchases. Program will also have activities that are inclusive of the family. It will help build healthier relationships

### **OBJECTIVES AND PRIORITIES:**

- Increase awareness and provide education on healthy eating for children/youth. Ex. Healthy eating, meal planning, and traditional foods workshops
  - Increase access and availability to healthy food for children/youth Ex. Maintaining a community garden
    - Provide opportunities to support healthy eating for families.

      Ex Food preservations workshop
- Increase recreational activities that incorporate traditional activities. Ex lacrosse camps, snow showing, snow snake games, and traditional social dancing, camping
- Increase children and youth physical activity through access to recreation facilities, education and program activities. For example: waterparks, hiking trails and sports.

**Blue Hill** 





# WASANABIN

Welcome to the first edition of the electronic newsletter,

What is Wasa Nabin? Wasa Nabin is a self-developed program for Urban Indigenous at-risk youth (ages 13-18). By accessing the services and supports offered by the Wasa Nabin program youth will learn goal setting and leadership skills development, and how to make healthy choices, ultimately leading to healthier lifestyles and personal success. Services and support is offered in the following; Social Supports, Youth in Care, Healthy Eating and Physical Development, Education, Justice, and Preventing Violence. The Wasa Nabin coordinator incorporates traditional cultural teachings and values within one-onone client-orientated and group programming.

Wasa Nabin strides to foster the inherent ability that each youth possesses to make healthy choices, supported through action based programming. The promotion of holistic health and wellbeing has influenced many youth to think critically, plan, and foster their own life choices. Wasa Nabin continues to reinvent an individualized program that will address each objective and nurture the inter-related impacts that our community faces.

Upcoming Quarter Wasa Nabin will be running a program this quarter for girls on Wednesday nights starting in November, alternating weeks between the boys programming. We are also excited to continue our high school boy's basketball team and encourage new players to come and try out. Wasa Nabin is running an afterschool recreation program at Stamford Collegiate every other Friday night for the remainder of the school year. Please look for Wasa Nabin upcoming events and programming on our Facebook profile page and in your schools. https://www.facebook.com/profile.php?id=100004661889461

**Ashley Buck** 



# ${f A}_{ ext{BORIGINAL}}\,{f M}_{ ext{ENTAL}}\,{f H}_{ ext{EALTH FOR}}\,{f C}_{ ext{HILD AND}}\,{f Y}_{ ext{OUTH}}$

Gahwehnano,ni' gya:soh, (my name is Sandra Steeprock) Oswe:ge' dwagahdegyo: (from six nations) naganya'go niwag'esyao'de: onodageho':noniwagohwej'ode: (Beaver clan, Onondaga nation).

I am the Coordinator for the Aboriginal Child and Youth Mental Health Program at the Niagara Regional Native Centre. The purpose of the program is to provide culture based programs and supportive services to children and youth aged 7-15, who are struggling with mental health or addictions problems, or who may have been exposed to domestic violence.

### **HOW IT'S ACCOMPLISHED:**

- Peer Supportive Services/referrals
- Advocacy
- •Family support
- •Engagement of Aboriginal Resource People
- •Education and Awareness sessions for community and organizations
- Participant Based Programming

### **PROGRAM OBJECTIVES:**

- •Identify high risk children
- •Address barrier issues by providing assessment and referrals for services
- •Engagement of other service providers, inclusive of traditional resource people
- Networking

For more information, or confidential inquiry please contact me either by phone or email:

(905)688-6484 or acymh@nrnc.ca.

Just a quick program note: our childrens singing group begins: **Monday October 16, 2017** 

**Sandra Steeprock** 



Niagara Regional Native Centre



# October-November-December 2017

# Adult Learning & Essential Skills Program

Literacy is open Monday—Thursday 9:00—5:00 pm to anyone to use the computers, photocopy resumes or documents and for job searching online. We are always here to help you with any computer questions, online research or filling out forms.

Please just ask us, we're here to help!

Do you want to get your High School Credits? If yes, come in to talk to Marie and we can get you started quickly! There are plenty of options to get it done!

Come in to learn Computer Basics, Beginner or Intermediate skills. We can assess your present skills and upgrade to fit your individual needs! See attached flyers for Fall/Winter Programs

Continuous Intake.

Do you need help deciding how and where to get started? Come in and let's talk about your first step to a happier you! We can assist you in moving forward and reaching your goals and all it takes is walking through that door.

Literacy is partnering with NRNC Programs to deliver several workshops 4 courses from October to March!

See our Facebook Page; NRNC Literacy or NRNC's website!

### All FREE!!

To anyone 15+ yrs.

Call 905-685-8547 or

email: literacypc@nrnc.ca

All are Welcome here!

Drop by and chat, see how we can help you move forward.

140 Welland Ave., Unit 15B

St. Catharines







# Literacy's Calendar for November 2017

Sun	Mon	Tue	Wed	Thu	Fri	Şat
			1	2	3	4
			Class 10 - 3:00			3 Fires Vol.
				Class 10 - 3:00		Dinner
5	6	7	8	9	10	11
	Class 10 - 3:00	Class 10 - 3:00	Class 10 - 3:00	Class 10 - 3:00		
						Remembrance
						Day!
12	13	14	15	16	17	18
	Class 10 - 3:00	<b>Apprenticeship</b>	Class 10 - 3:00	Class 10 - 3:00		N.F. Museum
		Presentation				Creation Story
		10-2:00				2-4:00
		Class 10 - 3:00				
19	20	21	22	23	29	25
	Class 10 - 3:00	Living in Niagara	Class 10 - 3:00	Class 10 - 3:00		
		Launch	Homeward	Spaghetti 4		
		7:30 - 10:00 am	Bound	Toonie Auction		
			Event @ NRNC	@ NRNC		
26	27	28	29	30		
	Class 10 - 3:00	Class 10 - 3:00	Class 10 - 3:00	Class 10 - 3:00		

Schedule is subject to Change. Please call to confirm dates and times at 905-685-8547





# Literacy's Calendar for October 2017

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Sun	Mon	Tue	Wed	Thu	Fri	Şat
1	2	3	4	5	6	7
NRNC Pow Wow	Class 10 - 3:00	No Class				
Montebello Park						
12:00 Start						
8	9	10	11	12	13	14
	Class 10 - 3:00	No Class				
15	16	17	18	19	20	21
20	Class 10 - 3:00	Class 10 - 3:00	Class 10 - 3:00	No Classi	No Class	NRNC
	Cidas so 5.00	Cideo so side	Cidas so 5.00	Prison 101	140 Cidaa	Community
				Workshop		Harvest Dinner
				Worrellop		Tigo voce Billine.
22	23	24	25	26	27	28
-	Class 10 - 3:00	Class 10 - 3:00	Class 10 - 3:00	No Class	No Class	N.F. Museum
	_	_	_	Sharing Their	.,	Beading
				Words!		Presentation
						2:00 - 4:00 PM
29	30	32				
	Class 10 - 3:00	Class 10 - 3:00				

Schedule is subject to Change. Please call to confirm dates and times at 905-685-8547

# **2017 COMMUNITY POW WOW**

# MONTEBELLO PARK















# **2017 COMMUNITY POW WOW**

# MONTEBELLO PARK













# **ABORIGINAL HEALING & WELLNESS**

The Primary goal of the Aboriginal Healing and Wellness Program is to provide community members with safe and compassionate group and individual programming/services that are culture based, improve the overall health of individuals and reduce the incidence of family violence.

- Traditional and Cultural support
- Peer Counselling
- Advocacy
- Crisis Intervention
- Workshops
- Circles
- Referrals

Please do not hesitate to contact the program coordinator if you are in need of supportive services for yourself or seeking information on upcoming programs.

Elizabeth H. Sault

# **CULTURAL COORDINATOR**

CRC@NRNC.CA EXT: 245

## Shekon, Aanii

I am Phil Davis, Mohawk of the Six Nations, a long-time resident of Niagara and am the Cultural resource coordinator here at our centre. I look forward to serving my community as best to my ability by providing opportunities to bring culturally relevant knowledge, teachings and events to all aspects of our community. As well as working hand in hand with my colleagues, at the centre, to help enrich programs with our beautiful ways of life and being an ambassador to our greater community here with the region and beyond.

Philip Davis Nia:weh Gowa, Miigwetch Kizhaay Anishinaabe Niin (I Am A Kind Man) Program is a culturally relevant program here at the Niagara Regional Native Centre that supports healthy relationships and Indigenous identities through one to one supports, group based activities, participant based services and public awareness.

Kizhaay Anishinaabe Niin was developed to provide supports for men and male youth who are proactively seeking to live in a better way. Through group based activities, individuals will be able to experience cultural insights that will provide a unique opportunity to grow and develop into a kind person, our original state of being. The programs land based component will allow an individual to develop a personal relationship with Mother Earth through understanding and respect.

Kizhaay Anishinaabe Niin is a program designed specifically for the support of men and male youth. Men have an important role within their family, community and society. They have a responsibility to lead by example, speak from the heart, act with kindness. It is through living in a good way can a man be complete. The vital guestions of what does it mean to be a man. what does my culture mean to me, who am I really, how do I achieve happiness? These are but a few questions that a man or male youth may ask in his journey. I Am A Kind Man is here to support individuals in finding the answers that will free a person from frustration and anger and to live in the way they were meant to live, as a kind being.

**Chris Kagesheongai** 



# **HEALTH OUTREACH WORKER**

Hello All,

Fall is part of the (Autumn Equinox September 22, 20:02 GMT and Winter Solstice December 21 16:28 GMT) is once again upon us and an exciting time for events and programs happening at the centre for the community/participants of the centre. HOW is involved in these exciting events hope to see everyone out to enjoy.

HOW program continues to work with all ages that involves one's overall health needs and aid with; a variety of medical appointments (advocacy and transportation), programming at the centre (Binding Circle Thursdays), Status card Runs, events at centre, home visits, awareness events, and networking(sitting on committees).

For more information please contact Wendy Jones

### Looking back on HOW's Involvement:

Gardening days
New Moon Ceremony
Graduation Dinner
Social
World HEPC Awareness Day
Blue Jays Game (Jays Care)
Packed Backpacks (600)
Back to School Event
Fishing Day
Pow Wow

**Wendy Jones** 





Saturday, NOVEMBER 11, 2017

STARTING AT 10:45 AM

11:00 AM SERVICE

FOLLOWED BY A LIGHT LUNCH

AT:

### **NIAGARA REGIONAL NATIVE CENTRE**

382 AIRPORT ROAD

NOTL, ON

**EVERYONE WELCOME** 





# THREE FIRES COMMUNITY JUSTICE

Fall is here...and so is our annual volunteer recognition dinner! A time to celebrate the amazing work of our volunteer community council members. Invitations are out! Date: Nov. 4...please RSVP by Oct 20th!

What is the Three Fires Community Justice Program?

\*A pre and post charge diversion process that is based on wholistic healing approaches for Indigenous Youth and Adults charged with a criminal offence (class I & some class II) \*Available for Indigenous People (First nations, Status, Non Status, Metis and Inuit) residing in the Fort Erie, Niagara and Hamilton areas.

### Our Mission...Our Vision:

Our mission is to create a culturally significant plan of care for Indigenous people by providing an alternative to the Non-Indigenous legal system.

Our Vision is to guide the participants towards self-empowerment and personal success, using the seven grandfather teachings; humility, bravery, wisdom, honesty, respect, truth and love. Our service is CONFIDENTIAL and FREE of CHARGE!

Three fires community justice...

Wants you! Indigenous?

**Over 18?** 

Want to empower your community?

Join the Three Fires Team & support reducing the number of Indigenous Peoples in the justice system as Council Members sitting in Healing Circles to assist in the development of Dispositions(Diversion)

FULL TRAINING & SUPPORT ~ VOLUNTEER RECOGNITION ~ WORKSHOPS
APPLICATION ON-LINE: <a href="http://threefirescommunityjustice.ca/council-application/">http://threefirescommunityjustice.ca/council-application/</a>



Lenora Gilbert Community Council Coordinator tfccc@nrnc.ca 905-685-5246



# NIAGARA REGIONAL NATIVE CENTRE



Literacy, Life Long Care
And Wasa Nabin Programs
Present: "Sharing Their Words"



October 26th/2017 10:00—2:00 PM

Students interact with Indigenous Elders/Seniors telling their stories!

Take pictures or a video of the experience and write a short account of your experience all to be published on the

Ontario Native Literacy Coalition Website!

### **LUNCH WILL BE SERVED!**

Elders/Seniors and Students will receive a Gift Certificate for participating!

**Niagara Regional Native Centre** 

140 Welland Ave., Unit 15B St. Catharines, L2R 2N6 905-685-8547
Fax: 905-685-8990
Email:
literacypc@nrnc.ca

Call Marie for more information 905-685-8547

# **LIFE LONG CARE**

The Life Long Care Program and IDHC host Foot Care Clinics here at the Centre from 9-4 with Maryliz Mitchell BScN, RN from Fort Erie Foot Care Services and a reflexologist, Penny Bowers. Please contact me if you are interested in taking part in this program, it will run every six weeks, you do have to be aboriginal, and have diabetes or at risk of having diabetes, to take part in this program. Our Next clinics are Nov 8 and Dec 20th.

Every Thursday for the upcoming months the Life Long Care Program will be having a Sewing Circle from 10 – 2, transportation is provided, call me for more details.

The holiday seasons are fast approaching, check out the community section of the newsletter for all our events.

Our annual Rememberance Day Ceremony is Saturday November 11, 2017 here start-

ing at 10:30 am. Everyone is welcome, I am looking for volunteers to take part in service, please let me know, also if you have anyone you would like to be Remembered please contact me with names, stories and any information.

The Goal of the Life Long Care Program is to provide community support services to urban Aboriginal people who are physically disabled, chronically ill, and/or frail elderly. In addition, the Life Long Care Program strives to ensure quality of care. If you know of someone who meets the criteria please call me to set up an appointment, we do provide advocacy for doctor appointments, filling out forms, can also provide limited transportation, hospital visits and home visits.

Nya Weh Ellene Hill











My name is Shannon Hill and I am the Urban Aboriginal Healthy Living Coordinator. The UAHLP program goal is to increase participation of urban Aboriginal people in sport, physical fitness, physical recreation and other health promotion programmes that promote healthy lifestyle behaviours.

### PROGRAMS OBJECTIVES:

The objective is to work towards achieving the following desired health outcomes:

- 1. Increased healthy eating habits, including increased knowledge of healthy nutrition, healthy eating practices, healthy weights and weight management
- 2. Increased physical activity levels of community members through participation in organized sport activities, physical

fitness and physical recreational activities.

- 3. Increased healthier lifestyle choices including reduced use of commercial to-bacco products and increased smoke free environments in community and personal spaces
- 4. Increased numbers of youth who are engaged and participating in leadership programming and positive community activities.

October- December Fall/Winter Programs
\*Boxing Workout \*Youth Boys Basketball
\*Cardio Blast \*Binding Group \*Hiking

If interested in any programs, or have feedback, questions or concerns please contact me

**Shannon Hill** 





# DINNER

COMMUNITY CHRISTMAS

You are invited to attend the Annual Community Christmas Dinner.

MUST Register to Attend.

Date: Thursday, December 7, 2017

Time: 5:00 p.m.

Niagara Regional Native Centre



382 Airport Road Niagara-on-the-Lake, ON

CALL ELLENE HILL TO REGISTER:

905-688-6484 ext 224

# Update: Stand Up for Indigenous Health

### Dear Niagara Regional Native Centre,

Thank you to the community members who participated in sharing circles in April 2017 to discuss their experiences with health and access to healthcare.

Based on your stories and those of four other communities, we have created 25 scenarios for a simulation-based learning tool for medical students called 'Stand Up for Indigenous Health' (SU4IH). These scenarios are currently being reviewed by leaders in Indigenous Cultural Safety.

On August 12, 2017, we presented on SU4IH at the Indigenous Physicians Association of Canada conference, and several Indigenous physicians voiced support for this learning tool. We will be piloting SU4IH with medical students this fall.





If you participated in last April's sharing circles and would like to provide feedback on the scenarios, please e-mail Adriana Cappelletti (acappel3@uwo.ca).





In Partnership with The Early Years Centre & St. Patrick
382 Airport Road, Niagara-On-The-Lake, Ontario LOS1J0 | P-905-688-6484

# A Special Invitation to all **Expecting**



Parents!

and Parents with Infants



The Niagara Regional Native Centre's Canada Prenatal Nutrition Program

Invites You to our First Ever Program

Thursdays starting September 28, 2017 Where: St. Patrick Early Year's Centre 4653 Victoria Ave., Niagara Falls

Contact: Dianne Tomlinson for more information 905-688-6484



# A MESSAGE FROM THE BOARD





The Board of Directors would like to give a big heart felt thank you to the staff, organizers and volunteers that worked tirelessly to bring together a very successful Pow Wow to the heart of the City of St. Catharines. The weather was beautiful and we had the pleasure of seeing many our very talented traditional dancers and drummers. Thank you so much for sharing your talents with our community!

We would also like to give a big thank to Mayor Walter Sendzik and our Dignitaries from around the Region that walked in for our Grand Entry in support of the Niagara Regional Native Centre.

Thank you as well to all of the talented food, craft and educational vendors that shared their amazing work and engaged with the community.

We're looking forward to our 2018 Pow Wow and planning has already begun.

Miigwetch, Darcy Belanger Vice President



# NIAGARA REGIONAL NATIVE CENTRE 382 Airport Road, Niagara on the Lake, LOS 1J0

# **STAFF EXTENSIONS & EMAILS**

Executive Director	Mitch Baird	executivedirector@nrnc.ca	222
Finance Manager	Helen Shepherd	finmanager@nrnc.ca	227
Receptionist		Reception.nrnc@nrnc.ca	221

### **Children's Programs**

Healthy Babies, Healthy children	Dawn Moughtin	ahbhc@nrnc.ca	233
CAP-C Program Coordinator	Joan (Pepsi) Burnham	capcpc@nrnc.ca	239
CAP-C Program Assistant	Stacy Cote	capcpcasst@nrnc.ca	239
Prenatal Program Coordinator	Dianne Tomlinson	cpnp@nrnc.ca	223
Prenatal Program Assistant	Vacant	cpnpasst@nrnc.ca	239

### **Health & Healing Programs**

Kizhaay Anishinaabe Niin (I Am A Kind Man)	Chris Kagesheongai	kizhaay@nrnc.ca	239
Aboriginal Child & Youth Mental Health Coordinator	Sandra Steeprock	cymh@nrnc.ca	243
Aboriginal Healing & Wellness Coordinator	Liz Sault	ahws@nrnc.ca	228
Ganiyohi: yo Coordinator	Vacant	gani@nrnc.ca	225
Health Outreach Worker	Wendy Jones	how@nrnc.ca	226
Life Long Care	Ellene Hill	llc@nrnc.ca	224
<b>Urban Aboriginal Healthy Living Coordinator</b>	Shannon Hill	Uahl@nrnc.ca	242
Homeward Bound Program Coordinator	Debbie Sexsmith	homeward@nrnc.ca	246
Cultural Resource Coordinator	Philip Davis	CRC@nrnc.ca	245

### **Youth Programs**

Akwe:go Coordinator	Chantelle Berry	akwego@nrnc.ca	229
UAHL Children's Coordinator	Blue Hill	Uahlkids@nrnc.ca	241
Wasa-nabin Coordinator	Ashley Buck	wasa@nrnc.ca	240

FRONT DESK	221
KITCHEN	238
ELDERS ROOM	236
BOARD ROOM	237
CAP-C ROOM	235



### <u>Three Fires Community Justice Program</u> 140 Welland Ave, Unit 15 B, St.Catharines, L2R 2N6

Telephone: 905-685-5246 Fax: 905-685-8990

Three Fires Community Justice Program Director	Celeste Smith	tfcjppd@nrnc.ca
<b>Three Fires Community Justice Program Assistant</b>	Rebecca Toulouse	tfcjasst@nrnc.ca
Court Worker	Edna Campos	courtwork@nrnc.ca
Community Council Coordinator	Lenora Gilbert	tfccc@nrnc.ca

# Employment & Literacy 140 Welland Ave, Unit 15 B, St.Catharines, L2R 2N6

Telephone: 905-685-8547 Fax: 905-685-8990

Literacy Coordinator	Marie Belliveau	literacypc@nrnc.ca	
Literacy Instructor	Theresa Gillis	literacyinstructor@nrnc.ca	
Apatisiwin Coordinator	Vacant	Apatisiwin@nrnc.ca	

### Soaring Eagle Secondary School 3054 Orchard Hill, Fonthill, LOS 1E6 Telephone: 905-892-9111

Native Resource Coordinator	Vacant-	nrnc.resourcecoordinator@gmail.com
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Executive Director	Mitch Baird
Financial Manager	Helen Sheppard
Maintenance	Vacant
Literacy Program Director	Marie Belliveau
Literacy Program Instructor	Theresa Gillis
Apatisiwin Program Director	Vacant
Aboriginal Healing and Wellness Coordinator	Liz Sault
Life Long Care Coordinator	Ellene Hill
Health Outreach Coordinator	Wendy Jones
Aboriginal Children and Youth Wellness Coordinator	Sandra Steeprock
Community Action Program for Children	Joan Burnham
Coordinator	
Community Action Program for Children Assistant	Stacy Cote
Canadian Prenatal Nutrition Program	Dianne Thomlinson
Canadian Prenatal Nutrition Program Assistant	Vacant
Aboriginal Healthy Babies Healthy Children	Dawn Moughtin
Coordinator	
AKWE:GO Coordinator	Chantelle Berry
Three Fires Community Justice Coordinator	Celeste Smith
Three Fires Community Justice Assistant	Rebecca Toulouse
Three Fires Community Justice Council Coordinator	Lenora Gilbert
Aboriginal Court Support Worker	Vacant
Homeward Bound Developer	Debbie Sexsmith
Cultural Resource Coordinator	Philip Davis
Wasa-Nabin Coordinator	Ashley Buck
Ganigahi-Yo	Vacant
Abbey House Program Director	Tracy Zachariah
Abbey House Transitional Support Worker	Vacant
Abbey House Transitional Support Worker	Carolyn Day
Resource Coordinator Alternative School	Vacant
Kizhaay Anishinaabe Niin	Chris Kagesheongai
Urban Aboriginal Healthy Living Program	Shannon Hill
Urban Aboriginal Healthy Living Kids Program	Blue Hill
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